



# Indian Institute of Technology

## Course Details Report

**Course No: GN1001**

**Course Name: POSH Training-I**

**Course Type:**

Theory

**Description:**

- ? Understanding Sexual Harassment
- ? Learning the nuances of sexual harassment - Examples through role plays on differentiating the types of sexual harassment
- ? Adopting proper language and boundaries to create safety for all
- ? The Internal Complaint Committee – Constitution and responsibility
- ? Steps to filing a complaint

**Course Content:**

For Undergraduate students

This session strives to raise awareness about gender sensitivity and online safety. Through engaging discussions and

videos, participants will gain an understanding of sexual harassment, learn how to support those in distress and become familiar with the fundamentals of consent. The session is designed to empower individuals to create a safer

and more inclusive society. As a part of this session, the student will :

- ? Understand the difference between sex and gender:
- ? Discover why it is important to talk about gender sensitivity:
- ? Ensure cyber safety:
- ? Understand consent using informative videos:
- ? Learn about what is sexual harassment:
- Learn to create boundaries in the workplace/institute:
- Ace the etiquettes of safe communication:
- ? Adopting proper language and boundaries to create safety for all
- Reflect on cultural norms of gender diversity in the Indian sub-context (For international students
- ? Know how to support someone in distress and seek redressal:

Session: The session is for 120 minutes + Q&A + Assessment

- ? Handouts/ Awareness material
- ? E-Module/ Assessment
- ? Certification

**Text Books:**

“University Grants Commission (Prevention, Prohibition and Redressal of Sexual Harassment of Women Employees and Students in Higher Educational Institutions) Regulations 2015”  
Material provided by the trainer.

**Reference Books:**

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